

DERMAL FILLERS

WHAT ARE DERMAL FILLERS?

Dermal fillers are used to soften and contour lines, folds and wrinkles, replace or augment volume and aims to improve areas of the face with regards to aesthetic appearance.

Areas such as the cheeks, chin and jawline can be enhanced to create a contoured look. Volume can be added to the lips, cheeks or the under-eye area. Deeper lines such as nose to mouth, mouth to chin and smoker lines can be dramatically softened.

There are hundreds of types of fillers, however the market is dominated by hyaluronic acid (HA) fillers, which have the best safety profile to date. These fillers are temporary and they are then eventually absorbed back into the body.

Areas that are commonly treated on the face include:

- Lips
- Nasol folds (nose to mouth lines)
- Marionette Lines (mouth to chin lines)
- Perioral lines (fine lines around the mouth and lower cheeks)
- Nose
- Jawline
- Cheeks
- Tear Troughs
- Chin

****IMPORTANT: It is advised to not receive dermal filler treatment 3 weeks prior to a COVID-19 Vaccine or 3 weeks post vaccine.**

PRE-TREATMENT INSTRUCTIONS

- Please avoid all blood-thinning medication and supplements for one week prior to your appointment, DO NOT STOP PRESCRIBED MEDICATIONS WITHOUT A DOCTORS CLEARANCE.
- Do not take: Ibuprofen, Aspirin, Omega 3 Acid medication 7 days prior to the treatment. DO NOT STOP PRESCRIBED MEDICATIONS WITHOUT A DOCTORS CLEARANCE.
- If you bruise easily then you can take arnica tablets 4/5 days prior to your treatment.
- Inform your Aesthetics Practitioner if you have a history of Cold Sores and ensure you pre treat with cold sore medication to prevent an outbreak following treatment (start 2 days prior to treatment)
- Avoid topical products such as Tretinoin (Retin-A) retinoids, glycolic acid, alpha hydroxy acid, or any "anti-aging" products for two days before and after treatment.
- Avoid alcohol or caffeinated drinks 24 hours before or after treatment to avoid extra bruising.
- Do not use dermal fillers if you are pregnant, breastfeeding, undergoing IVF treatment or are allergic to any of its ingredients.

POST TREATMENT INSTRUCTIONS

- Try to avoid alcohol for 24 hours after treatment.
- Avoid extreme heat (Sun beds, swimming pools, saunas) for as long as possible during the healing phase or until any initial swelling and redness have resolved.
- Avoid vigorous exercise for 24-48 hours.
- Do not take Aspirin, Excedrin, Ibuprofen, Aleve or Advil for 2 days after treatment

- Do not apply any products to the treated area and avoid touching, squeezing or massaging the treated areas for at least 12 hours after treatment as this could change the final results.

***Full post care advice will be given to you on the day of your treatment and your practitioner will discuss full details with you.
Jemma will always be available via telephone for any after advice needed***

CONTRA-INDICATIONS

- Pregnant or breastfeeding.
- Clients with hypertrophic scarring.
- Clients with allergies or intolerant reactions to Hyaluronic Acid (HA) or Mannitol or Lidocaine
- Clients with skin inflammation.
- Clients taking certain medications, including antibiotics, blood thinners and chemotherapy.
- Clients who have experience with anaphylaxis.

IMPORTANT: If you have any of the above contraindications, please let your practitioner know before any appointment is made.

** A £50 (per treatment) non-refundable deposit is required per treatment to secure booking * You must be over 18's and proof of age will be required if we feel it is necessary**

See Terms & Conditions for more info ****LINK****

CHOOSING YOUR FILLER

**You will need to discuss your filler option with your practitioner who will provide brands, price and longevity, and together we will choose the best option for you as an individual and for the area we are treating*

**We only accept over 18's and proof of age will be required if we feel it is necessary.*