

DERMAPLANING

WHAT IS DERMAPLANING?

Dermaplaning is the use of a scalpel to remove excess dead skin and also excess fine and course facial hair in women.

It has the benefits of allowing for better product penetration and make-up application as well as stimulating collagen and elastin too.

It can also define hair-lines, brows and sideburns giving you a better overall shape.

The benefits of Dermaplaning include:

- Eliminates dead skin cells and vellus hair
- Removes the appearance of fine lines and acne scars
- Improves skin texture
- Promotes cellular renewal
- Increases product absorption and efficacy
- Brightens skin
- Perfect for those with sensitive skins who suffer from rosacea
- Lessens acne breakouts
- Makeup application is flawless post treatment

PRE-TREATMENT INSTRUCTIONS

Avoid for:

- 7 days - Avoid waxing 7 days before and after this treatment.
- 3 days - BEFORE treatment: Avoid topical products such as Tretinoin (Retin A), Retinols, Retinoids, Glycolic Acid, Alpha Hydroxy Acid, Salicylic Acid, or other 'anti-aging', 'acne' and 'bleaching' products. Also AVOID waxing, bleaching, tweezing or the use of hair removal cream on the area to be treated.
- Cleanse skin with a mild cleanser.
- Avoid excessive sun exposure and wear a broad-spectrum sunscreen daily of SPF 30 or higher.
- Inform your practitioner if you have a history of facial and/or nasal herpes to receive advice on antiviral therapy prior to treatment.
- Try to arrive to the salon with a 'clean face'. Please do not wear makeup, if possible.

POST TREATMENT INSTRUCTIONS

- Discontinue use of all topical products for 72 hours following treatment.
- Do not use heavy makeup for the first day.
- Avoid excessive sun exposure and wear a broad-spectrum sunscreen daily of SPF 30 or higher.

CONTRA-INDICATIONS

- Active acne – as this will spread the bacteria over the skin and cause further outbreaks and/or infection.
- Prone to Keloid Scars – The treatment may 'knick' the client and this may keloid.
- Men with facial hair – male facial hair is too thick and dense to treat. Men will need to come clean shaven.

- Recent sunbed use or sun exposure – Skin may look fine but sub-clinical wounds may be present below the surface. Treatment over already injured skin may cause hypertrophic scarring or pigmentation.
- Allergy to metal especially Nickel.
- Clients taking or using Antibiotics, Steroid Creams, Retinoids or Accutane – any medication can affect the skins thickness, compromise wound healing that could lead to further inflammation.

Treatment Summary

Treatment Time: 45 mins

Cost: £45

Recovery: Immediately

Results Duration: 4 weeks