

WRINKLE SOFTNING

Consultation is needed before treatment on a separate date.

PRE-TREATMENT INSTRUCTIONS

- Please avoid all blood-thinning medication and supplements for one week prior to your appointment, DO NOT STOP PRESCRIBED MEDICATIONS WITHOUT A DOCTORS CLEARANCE.
- Do not take: Ibuprofen, Aspirin, Omega 3 Acid medication 7 days prior to the treatment. DO NOT STOP PRESCRIBED MEDICATIONS WITHOUT A DOCTORS CLEARANCE.
- If you bruise easily then you can take arnica tablets 4/5 days prior to your treatment.
- Inform your Aesthetics Practitioner if you have a history of Cold Sores and ensure you pre treat with cold sore medication to prevent an outbreak following treatment (start 2 days prior to treatment)
- Avoid topical products such as Tretinoin (Retin-A) retinoids, glycolic acid, alpha hydroxy acid, or any “anti-aging” products for two days before and after treatment.
- Avoid alcohol or caffeinated drinks 24 hours before or after treatment to avoid extra bruising.
- Do not use this treatment if you are pregnant, breastfeeding, undergoing IVF treatment or are allergic to any of its ingredients.

POST TREATMENT INSTRUCTIONS

- Avoid lying down flat for 4 hours immediately after your treatment. If you need to lie down you can elevate yourself with a number of pillows.
- Try to avoid alcohol for 24 hours after treatment.
- Avoid strenuous physical activity for 3 days after the procedure.
- Avoid massaging or putting too much pressure on the treated areas for the first 24 hours.
- Avoid touching the area for at least 6 hours after the procedure.
- Avoid facial treatments for 2 weeks post procedure i.e. Dermaplaning, Micro-needling.
- Avoid extreme heat (Sun beds, swimming pools, saunas) for 24-48 after the procedure.
- Avoid having treatment 2 weeks prior to a holiday in the sun

***Full post care advice will be given to you on the day of your treatment and your practitioner will discuss full details with you.*

*Jemma will always be available via telephone for any after advice needed***

Treatment Summary

Treatment Time: 15 mins

Recovery: Immediately

Results Duration: 12 weeks/3 months

TREATMENT MENU

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|-------------------|------|
| 1 area | £180 |
| 2 areas | £180 |
| 3 areas | £200 |
| Surcharge for men | £50 |

(Extra volume of units is required for men due to stronger muscles)

* A non-refundable deposit is required to secure booking, then you must attend a consultation with

* *You must be over 18's and proof of age will be required if we feel it is necessary*

Your practitioner has a right to decline you as a client if they believe you are not eligible for Anti-Wrinkle injections.